

THE CUP



CUP EVANGELICAL PRESBYTERIAN CHURCH

'Join us for a drink of Living Water'



From the Pastor's Desk...

OCTOBER 2020

Dear Cup family and friends,

Many of you know that I'm at work on my Doctoral Thesis, which is in the area of Spiritual Direction. The goal of my work is to help people identify their most natural way of approaching God in prayer, and then providing them with scripture and prayer approaches that 'work' for them, focusing on the beauty (glory) of God. I believe that when we encounter the Lord as he truly is, we will develop hearts and wills that want to 'find out what pleases the Lord' (Eph. 5:10), because we will have discovered that there is no one more pleasing to us than God!

A powerful way for us to approach God is through the practice of reading a short passage of Scripture several times, sometimes called 'Lectio Devina' (Divine Reading). As Presbyterians, we are often good (thankfully so) at reading a Bible passage and gaining information about ourselves or about God from it. The Lectio Devina approach allows us to not only think deeply about a passage, but also encounter our Lord in the passage as well.

For example, one of our small groups read through Mark 4:35-41. This is an account of the disciples with Jesus on the lake. Place yourself in the account as you read.

For the first reading, simply listen for a word or a phrase that catches your attention, and pay extra attention to it. You may want to write it down if you have a journal with you.

After a pause of a couple of minutes, we read the passage aloud again. This time, think about why this particular word or phrase is 'speaking' to you. How might it connect with your life?

After another pause, the text is read aloud a third time. Listen this time for the Lord's invitation to you through his word and the Holy Spirit. Begin a conversation with God. What do you want to say to God about what you are hearing in the text and in your mind and heart? How does the text lead you into prayerful dialogue with God? (Sometimes that 'dialogue' might feel a little more like a wrestling match!)

Finally, we read the text one more time. Simply rest in God's presence now and 'know that he is God.'

God has given us the Scriptures, creation, his Holy Spirit, and so many other gifts so that we can not only know about Him, but to be in relationship with Him. Just as a good marriage or friendship continues to deepen and develop over the years, so our time with God can grow. As we get to know him better, our TRUST grows in Him as well, and that's an amazing gift that will keep on giving in all circumstances! I encourage you try Lectio Devina with any Bible passage, but here are a few more that may be particularly good places to start:

John 1:35-39

Psalms 1, 8, 10, 23 (practically any Psalm)

Mark 10:46-52

Genesis 32:22-31

Exodus 3:1-6, 11-14

Matthew 5:14-16, or 5:19-21 (again, practically anything from Matthew 5-7)

Ezekiel 36:26

John 8:2-11

May God bless you as you meet him through his holy word!

Cordially,

Pastor Scott



Adult/High School Sunday School
Sunday Mornings 9:15am

Upcoming Topics:

October 4th—Racial Reconciliation

October 11th - Free Speech

October 18th—Right to Life

October 25th - LGBTQ Issues

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*'You are the light of the
world.'*

-Matthew 5:14a

Children & Youth Programs!

**Ms. Joel, CUP's Children and Youth Director is currently
offering the following ministry opportunities for children!
Check them out!**

Mini's Youth Group

**4th—6th Graders, meets Tuesday nights from 6:00p to
7:00p**

CROSSCURRENT Connect

**7th-12th Graders, meets Thursday afternoons at 3:00pm
on ZOOM!**

CROSSCURRENT Youth Group

**7th—12th Graders, currently meets Sunday evenings from
6:00pm to 7:30pm**



OCTOBER Calendar

<u>October 6</u>	5:45pm DEACONS 7:00pm WORSHIP Committee
<u>October 12</u>	7:00pm TRUSTEES
<u>October 13</u>	6:00pm Mini's Harvest Party 7:00pm 'Be the Bridge' Group Zoom
<u>October 14</u>	BOSCOVS Friends Helping Friends
<u>October 15</u>	BOSCOVS Friends Helping Friends
<u>October 18</u>	6:00pm Crosscurrent Harvest Fun
<u>October 20</u>	1:00pm Prayer Meeting at Dorothy Tihanovich's
	7:00PM SESSION
<u>October 27</u>	6:30pm TRUNK OR TREAT

Weekly Meetings...

Monday Afternoon 1:00pm
Adult Bible Study (Library)

Tuesday Evening 6:00pm
Mini's Youth Group

Wednesday Evening 6:30pm
Young Adult Small Group

Thursday Morning 8:30am
Prayer with the Pastor - FB LIVE

Thursday Morning 9:00am (ZOOM)
Women's Small Group

Thursday Afternoon 3:00pm
Crosscurrent 'Connect' (Zoom)

Saturday Morning 7:30am
Men's Group @ Eat 'n Park

Sunday Evening 6:00pm
Crosscurrent Youth Group

CUP Church Families Ministries is excited
to Host its first ever...

TRUNK OR TREAT

October 27th 630-730pm

Church parking Lot



Can't attend but want to help!

We are looking for
prewrapped candy and other
items (stickers, bouncy balls,
spider rings etc.)

Please place donations in
"Donation Box" outside the
church office by October
25th.

THANK YOU!!!

The Family Ministry Group is hosting a Trunk or Treat Event on October 27th in the church parking lot. What is needed are families to "host" a car. That means decorating your car in a biblical theme. (Dressing up is encouraged but not mandatory) You would need to provide prewrapped candies that would need to be put into sandwich baggies. These bags will be placed away from your car for safe social distancing. As the kids pass by they can take a baggie with your treats inside. We will have a total count of registered attendees by 10/25. Cars will be lined up in a social distance manner and safety will be priority.

Set up will begin at 530p you must be in your spot with car decorated and ready to pass out candy by 615p. We will begin promptly at 630p.

Those hosting a car and helping will be invited after clean up to enjoy a treat and chat in the church parking lot.



Happy Fall Ya'll

Well we hit the ground running this month. Crosscurrent had a whirlwind weekend of GROW our annual move up night. Followed by Ignition a night of worship that kicked off the "9 Month Mission" also known as See you at the Pole, which took place on September 23rd. That was an early morning but a beautiful sight to see the kids praying for each other, their classmates and the teachers/staff!! We have begun our Fall Session with a series on the Christian Mind! We are looking forward to more fun together! Crosscurrent upcoming events include a Fall Festival Party and the churches 1st Annual Trunk or Treat!!

Don't forget about the Thursday afternoon connect group for Middle and High School youth via Zoom!!

Mini's Youth Group, Tuesdays at the Manse 6-7pm. Any kids entering 4-6th grade welcome to join us. Please Contact Ms. Joel for more information to register.

Praying daily for the CUP Church Family, our community and the world!

Blessings to you all!

Your sister in Christ,

Joel Cunniff

CUP Children and Youth Director

