Catechism Questions for Communion

From the Westminster Shorter Catechism

Q. 96. What is the Lord's Supper?

The Lord's Supper is a sacrament, wherein, by giving and receiving bread and wine, according to Christ's appointment, his death is showed forth; and the worthy receivers are, by faith, made partakers of his body and blood, with all his benefits, to their spiritual nourishment, and growth in grace.

Q. 97. What is required for the worthy receiving of the Lord's Supper?

It is required of them that would partake of the Lord's Supper, that they examine themselves of their knowledge of Christ, of their faith to feed upon him, of their repentance, love, and new obedience; unless, coming unworthily, they eat and drink judgment upon themselves.

Scripture References

Q. 96 – Mt. 26:26-27, I Cor. 10:16, 11:23-26, Eph. 3:17 **Q. 97** – Zech. 12:10, Jn. 6:53-56, Rom. 6:4, 17-22, 1 Cor. 5:7-8 10:16-17, 11:27-29, 31, 2 Cor. 13:5, Gal. 5:6, 1 Jn. 4:19